

Mission Statement




Empowering youth through positive relationships while promoting excellence in mind, body, and spirit.

Program Goals







The goal of this program is to foster a loving environment of sisterhood through interactive forums and workshops, community service projects, field-trips, and extra-curricular outlets that encourage the development of positive social, physical, academic and ethical decision-making skills.



Why does **Mahogany Girls**™ focus on girls and young women?

-  They will make up half our workforce and be our future business leaders
-  Girls want to get involved in volunteer organizations, youth groups, sports teams, the arts, and other activities
-  They will be our future civic leaders, policymakers, athletes, artists, and educators

Did you know?

-  90% of eating disorders are found in girls
-  58% of girls admit to dieting
-  1 million girls under the age of 18 get pregnant
-  1 out of 10 eighth grade girls smokes daily
-  85% of girls experience sexual harassment in school
-  30% of adolescent girls have thoughts about suicide

Experts agree that a key cause in all of these statistics

is lack of, or low, self-esteem.



A comprehensive character building program for urban girls

Mahogany Girls Inc. Mentoring Program
P.O. Box 153
Fulton, MD 20725-0205
E-mail: mahoganygirls.mp@gmail.com
Phone: 240-390-6467 (MGMP)
Fax: 240-568-1739



Mahogany Girls, Inc. Teen Mentoring Program is designed to build girls into strong, confident, independent

women. There are 5 essentials to success and we believe that the development of each element will produce a strong and successful women.

Knowledge *is the key to success. We believe that knowledge empowers and open doors to a greater future. As a part of our program, each girl is required to progress in all courses. Each girl is required to submit quarterly progress reports from school.*

Physical /Mental /Spiritual Fitness*–To be a well balanced person, our physical, mental, and spiritual state of being must be in sync. The program gives the girls an opportunity to exercise their physical muscles as well as their mental and spiritual muscles through a variety of activities.*

Strong Parental Support*– Strong families build strong communities. At Mahogany Girls we believe that we are an extension of your family. We work with the parents/guardians to ensure that your values are reinforced and that the girls in our program understand and appreciate the sacrifices made for each one of them.*

Life Skills *– Many of our girls are lacking the basic skill set necessary for survival. Not just domestically but the ability to make good decisions and grow into women who are strong, independent, and confident.*

Community Involvement*– Mahogany Girls participates in community wide initiatives. Community involvement gives the girls an opportunity to earn service hours while giving back to the local community. It also generates a sense of pride in each girl as they see the direct results of their contribution to their community.*

These 5 essentials are simply good suggestions. These principals are practiced in the lives of each mentor in the program and has proven to work.

We believe that if our girls are taught to seek knowledge, maintain as well balanced lifestyle, have strong parental support, develop life skills, and become involved in their community, success is not just a possibility; it will become their only reality.



Membership

Membership into Mahogany Girls Mentoring Program is open to young ladies ages 11-17 years old. Each applicant will be required to submit a personal letter of interest, and a letter of recommendation from a teacher or parent/guardian (along with a copy of her report card). In addition, each applicant will complete a total of 20 hours volunteer service . There are mentor opportunities available to ladies 18-23 years old.

Mahogany Programs

Mahogany Ladybugs

Girls between the age of 11 through 13. This program focuses on Self-Esteem, and Self-Image.

Mahogany Butterflies

Girls between the age of 14 and 17. This program focuses on Self-Esteem, Body Image, Teen pregnancy prevention, runaway prevention, teen homelessness, partner abuse, violence, bullying and Lil SIS (Stay in School).

Mahogany Angels

(Mentors) Girls between the age of 18-23. This program in partnership with other agencies offers support to adolescent girls. Angels are either college students or business professionals who shares knowledge, skills, information, and perspective to foster the personal and professional growth of someone else. Angels also act as chaperones on Mahogany Girls Outings.

